

Date:

Score:

Novice	Intermediate	Advance	Master
50sec	40sec	35sec	30sec

Instructions for shooting Rikama.

Start from 5m line, high ready position, shoot 3 rounds, run to 50m line while performing a tactical reload and shoot 3 rounds, run to 5m line while performing a tactical reload and shoot 3 rounds.

1. Distance: 5m, 50m and 5m
2. Round count: 9
2. Target: 12.5 cm circle
3. Scoring: Every miss adds +2 sec to total time
4. Shots from 5m standing
5. Shots from 50m can be shot supported, kneeling or prone.

